

# FAMILY FITNESS

\$3 drop-in fee



**SOUTH COUNTY REGIONAL PARK**  
670 COOPER ST.  
PUNTA GORDA, FL 33950  
941.505.8686

*Saturdays,  
3 to 4 p.m.*

Families and friends (ages 5+) can come and workout together. Families will support and sometimes compete with each other for an interactive and fun instructor led workout.

**GET UP... GET OUT... GET ACTIVE!**